HOSPITAL BAG CHECKLIST

- [ ] Gown(s) for labor
- [ ] Clothes for postpartum
- [ ] Electrolyte water/juice
- [ ] Snacks
- [ ] Water bottle
- [ ] Chargers
- [ ] Tablet
- [ ] Glasses/contacts
- [ ] Toiletries
- [ ] Camera
- [ ] Clothes for water during labor
- [ ] Baby clothes
- [ ] Nursing bras
- [ ] Pillows
- [ ] Diapers
- [ ] Slippers/Flip Flops
- [ ] ID, Insurance card
- [ ] Birth plan
- [ ] Bathrobe
- [ ] Relaxation items
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

NOTES